

# CHARLTON ATHLETIC COMMUNITY TRUST

MALE POST-16 FOOTBALL ACADEMY SOUTH EAST LONDON

PROSPECTUS 2026/2027





















# CONTENTS

- Post-16 Academy
- Aims & Objectives
- Values & Mission
- Football Development Programme
- Venues & Facilities
- CAFC Training Ground Programmes
- Pathways & Coaching Opportunities
- Courses
- Cleeve Park School Programme
- Case Study
- Higher Education & Partnerships
- Extra-Curricular Activities

# POST-16 ACADEMY

The post-16 academy is aimed at boys aged 16-19 who are interested in combining school work with the life of a professional footballer.

The football academy is a two-year, full-time education and football development programme, delivered in partnership with professional and non-League football clubs. Open to keen footballers, the programme is a must for any sports enthusiast.

A playing assessment is held to determine the football level for prospective students. Both the football and educational element of the academy are fully-funded, with a subsidised cost for purchasing training kit.

The post-16 academy aims to offer a football pathway for all students and, as part of our provision, offers links to clubs at all levels of the football pyramid and provides post-16 education in a range of subject areas, making it a truly educational football package.



"I've absolutely loved the programme.
The coaching is fantastic. The teachers
are really patient and really good. In
terms of the football side of things, the
development has been incredible. When
I look at myself before I came here and I
look at myself now, it's like watching two
different players."

Cristian, Post-16 student

# ANG GODULOUS CONTRACTOR OF THE SECOND CONTRACT



# THE PACKAGE

- Provide the educational support and guidance required to achieve on academic courses
- FA and UEFA qualified football coaches will lead the players at The Post-16 Academy in daily coaching sessions (an average of 6 hours per week)
- Entry into a league, to compete in weekly fixtures against other Post-16 Academies
- Access to a unique set of kit, available only to CACT linked Post-16 Academies
- Regularly organised fixtures against other professional clubs' Community Trusts and Non-League academies
- Domestic and overseas tours

# MAIN OBJECTIVES

- To deliver a syllabus that supports holistic development
- Develop individual personal fitness / training plans for each player
- Develop individual psychological profiles and develop techniques to improve mental approach to performance and resilience on and off the field.
- Provide 1 to 1 player reviews regularly with coaches using specific logbooks designed by the Academy
- Provide a tailored education provision that meets the academic needs of the individual
- Provide the educational support and guidance required to achieve on academic courses
- Provide FA football coaching pathways and volunteer/job opportunities

# MAIN AIMS

- To create well rounded young people who demonstrate self-confidence and determination but also humility and respect
- To establish effective School/ College/Club links
- To deliver a curriculum that is flexible around the needs of the young person, Academy and Club wherever possible
- To establish competition as part of the Football Academy Programme
- To ensure well qualified, registered and screened coaches within the Football Academy, providing a coaching programme and competitive matches
- To ensure players will be nurtured so they are not exposed to overuse injuries
- To provide a unique opportunity for young people around the local area
- To encourage young people to continue in education using sport as the medium to keep them engaged
- To provide opportunities for young people to gain coaching qualifications and volunteer opportunities so they can play a valued role in developing community sport

# VALUES & MISSION

### MISSION

To help develop higher performing individuals and teams through good education on and off the field, whilst delivering a great experience.

### **SEASON PURPOSE**

To be competitive across all levels whilst delivering a bespoke programme for our Performance and Development groups that meets the relevant needs. We aim to achieve these targets and goals by striving to create a safe, positive inclusive environment in line with the ethos of the club and Community Trust.

Utilising the structure and setup of the highly successful CAFC academy and our non-league partners Sporting Club Thamesmead FC, we can create strong footballing pathways along with our many other higher education and career pathways.

### VALUES

Charlton Athletic Community Trust (CAÇT) runs a series of charitable strands in addition to Football and Sports Development.

CACT has grown out from its footballing roots to run a diverse range of programmes from youth services, to public health programmes and equality initiatives.

After a consultation with staff, trustees, ambassadors and service users, CACJ formally published a guide to the values that underpin the work and ethos of its staff.

### PASSION

To drive development and performance

### RESPECT

All staff, fellow students, and opponents

### ADAPTABILITY

Creating an environment that fosters participants to be adaptable, resilient and determined to succeed on and off the pitch.



Ensuring all participants are given the individual support needed to provide a bespoke programme that meets the needs of all our learners.

### INTEGRITY

Ensuring everyone on the programme upholds the upmost standards in behaviour and represents the CAFC & CACT in the correct manor.

# FOOTBALL DEVELOPMENT PROGRAMME

### TRAINING



Players will follow a mapped training curriculum, covering aspects across a variety of physical, psychological/social, tactical, and technical areas. The emphasis will always be on individual player development and progression for each player at every level.

#### **FIXTURES**



Each week players will compete in one of the highly competitive leagues that our programme offers. Squads are chosen from those meeting academic expectations to face a host of Premier League, English Football League and National League community teams.

### ANALYSIS



Using our Veo cameras and dedicated analyst, we are able to provide detailed analysis for players. The analysis is for the ongoing football learning of all our players. It is also vital in ensuring supporting evidence for those exploring overseas scholarships and football progressions.

#### INJURY & REHABILITATION



The demands of a full-time training and fixture programme can be challenging. Our designated fully licensed physiotherapist will be there to support our players with injury prevention, diagnosis, and rehabilitation plans over the course of the season.

#### STRENGTH & CONDITIONING



The physical development of our players is vital for our players footballing development. We will look to provide a S&C provision to all of our students to be able to gain the benefits.



# CAFC TRAINING GROUND, NEW ELTHAM



## CLEEVE PARK SCHOOL, SIDCUP



# VENUES GRACILITES

### CAFC TRAINING GROUND, NEW ELTHAM

- Access to 4 high quality FA accredited 3G training pitches including the CACT, CAFC Academy, Footscray Rugby Club & University of Greenwich pitches
- Classroom on site and classroom at Greenwich and Avery Hill campuses
- 6 x purpose built changing rooms
- Seating and standing areas around the pitch for spectators

### CLEEVE PARK SCHOOL, SIDCUP

- State-of-the-art 4G pitch and Strength and Conditioning Suite.
- Changing areas for all players
- · Newly refurbished sixth form area with excellent learning facilities
- Purpose built classrooms
- Personal Chromebook for use in lessons and at home
- A number of function rooms including an Auditorium, Main Hall and Sports Hall





# CAFC TRAINING GROUND PROGRAMMES

At the CACT Post-16 Football and education programme our mission is to help develop higher performing individuals and teams through good education on and off the field, whilst delivering a great experience.

Our season purpose is to drive the highest standards on and off the field for all of teams and individuals, thus ensuring high standards across the board.

We aim to achieve these targets and goals by striving to create a safe, positive, and inclusive environment in line with the ethos of Charlton Athletic Football Club and Community Trust. Utilising the structure and setup of the highly successful CAFC academy and our non-League Partners Sporting Club Thamesmead FC, we can create strong footballing pathways along with our many other higher education and career pathways.



Post-16 Football Academy Manager



# CACTPATHWAYS

## CACT DEVELOPMENT

A wider football perspective with more focus on career development. If you are considering a non-playing career in sport, but have a keen interest in sports, coaching and science-based progressions.

## CACT PERFORMANCE

A football-focused offer that replicates the professional environment. With higher demands in training and matches, players aspire to further their on-pitch development whilst also building a dual career pathway at the same time.

# COACHING TO PORTURES

We look to highlight any students who might express an interest in coaching during their first year on the Post-16 programme. We will then offer them voluntary work on our community programmes and in some school settings to give them confidence and experience in how these programmes run. Once they have completed a set amount of voluntary hours, we encourage them to complete their 'Introduction to Coaching Football' badge. This course is exclusively online, and also offers the 'Safeguarding Children' and 'Introduction to First Aid in Football' qualifications as part of it. We will then refund them the money for completing this course.

Once they have that qualification, they are then able to get paid work as part of our casual coaching staff, and are able to pick up after-school, evening, and weekend sessions that fit around their football & education timetable.



Our Education Provider are SCL Education who have over 20 years' experience in the industry. They are a post-16 further education provider delivering high-quality education, inspired through sport. Their recent Ofsted inspection rated 'Good' in all areas with two areas of outstanding: behaviours and attitudes and adult learning.

### DELIVERED BY SCL EDUCATION AT CAFC TRAINING GROUND

### NCFE LEVEL 3 EXTENDED DIPLOMA IN SPORT AND PHYSICAL ACTIVITY (2-YEARS)

The NCFE Level 3 Extended Diploma in Sport and Physical Activity (Sports Coaching) is intended for learners aged 16 and over and provides the knowledge, skills and understanding required within the sport and physical activity sector. It will also allow learners to gain transferable skills and progress to employment, an apprenticeship or higher education in a sport-related or different sector in line with career aspirations.

### NCFE LEVEL 3 EXTENDED DIPLOMA IN SPORT AND PHYSICAL ACTIVITY 8/OR AQA A-LEVEL PSYCHOLOGY AND/OR BUSINESS STUDIES (2-YEARS)

Learners will study a BTEC/NCFE Level 3 Extended Diploma in Sport, to develop a wide range of vocational knowledge and skills in combination with an A-Level in Psychology and/or Business Studies over two years. Learners will also explore psychology in context by applying psychological knowledge and understanding in a range of different contexts.

### DELIVERED BY SCL EDUCATION AT CAFC TRAINING GROUND

### ACTIVE IQ LEVEL 3 DIPLOMA IN GYM INSTRUCTING & PERSONAL TRAINING (1-YEAR)

The Active IQ Level 3 Diploma in Gym Instructing and Personal Training will develop learners' knowledge and skills in gym instruction and personal training, to enable you to pursue a career in personal training. This qualification will provide a combination of knowledge and skills to prescribe, plan and deliver safe and effective exercise programmes and personal training sessions to a range of clients.

Successful achievement of this qualification will provide entry to the Chartered Institute for the Management of Sport and Physical Activity (CIMSPA) as a practitioner (exercise and fitness). This accredited achievement is valued and recognised by employers and can assist you to increase/enhance your career opportunities, progression and earning potential.

### NCFE LEVEL 2 DIPLOMA IN SPORT (1-YEAR)

The NCFE Level 2 Diploma in Sport (Sports Coaching) is intended for learners aged 16 and over and provides the introductory skills to either start a career in sport or develop knowledge and skills that can be transferred to other industries. This qualification can also prepare learners for apprenticeships or further study.

The NCFE Level 2 Diploma in Sport (Sports Coaching) is designed as a 1-year, full time course and will provide foundations to progress onto the NCFE L3 Diploma in Sport and Physical Activity.



# CLEEVE PARK SCHOOL

### ACADEMIC EXCELLENCE: YOUR PATH, YOUR CHOICE

3 A-Level Pathway: Choose from a wide range of subjects, including Mathematics, Psychology, Politics, Biology, Business, Art, History, Chemistry, English, Economics, and more.

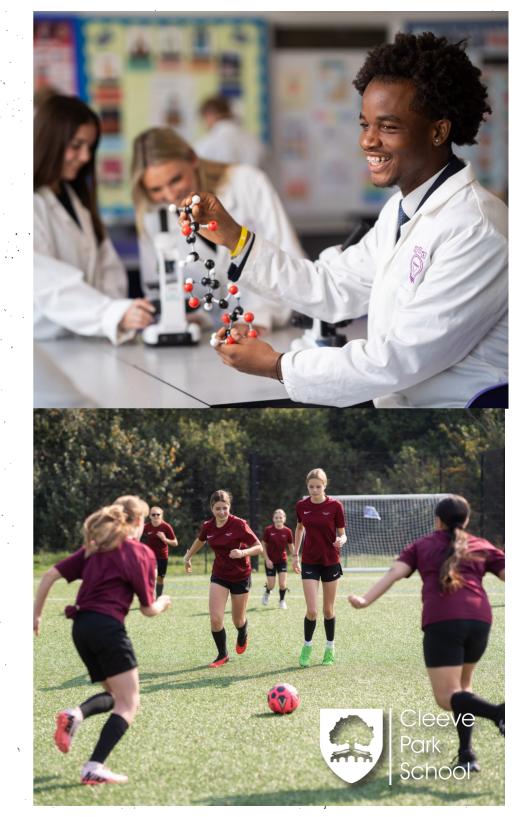
Specialist Applied Courses: Dive deep into Criminology or Music.

Sports Elite (3 A-Levels): Our Cambridge Technical Extended Diploma in Sport is run in partnership with Charlton Football Club. Train regularly with UEFA-qualified coaches and represent Charlton in The Tactics League and Kent School's League.

Cleeve Park Sixth Form offers the pathways, tools, and support you need to succeed in your next ambitious move.

We provide outstanding guidance for your future: expert Careers Advice, dedicated workshops for Apprenticeships, crucial work experience opportunities, and extensive support for University applications.

Go Further: Enhance your CV with our enrichment programmes and optional certified courses like Mental Health First Aid and the Duke of Edinburgh Award.



# CASE STUDY BALLEY SMITH

CACT Post-16 graduate Bailey Smith spent three years on the programme. He completed a Level 3 Sports Diploma and Level 3 Fitness Instructing Course and won promotion with our NYFL squad alongside playing at Step 4 & 5 of non-league football. Bailey's academic achievements and impressive performances on the pitch helped him earn a place on a US scholarship with the support of Post-16 partner Primus.





"Joining the Post-16 programme was a breath of fresh air for me, because it gave me the freedom to play football before going in the classroom," Bailey said. "I wouldn't have been able to go on to the scholarship in America without the coaching and the education on the Post-16 programme.

"I never had the idea of going to America when I started here, I just wanted to play football, but as I got better and played up teams the opportunity came along. The standard of football in America is what I dream of being involved in and I'm grateful to the Post-16 coaches, because I couldn't have done it without them."



UNIVERSITY OF GREENWICH

# HIGHER EDUCATION & PARTNERSHIPS



#### PRIMUS SPORT PARTNERS:

Primus Sports Partners work alongside CACT to create personalized player pathways for our students to continue playing football & studying abroad. They have opportunities in places such as the US, Canada. & more. Primus has a specialized & individualized process that ensures our students end up in an environment that is a good fit for them and they continue to help our students for the entire time they are abroad

www.primussportspartners.com

#### UNIVERSITY OF GREENWICH:

CACT & University of Greenwich have a long-standing partnership, we share expertise and facilities, as well as giving students employment and research. opportunities and enhancing the staff and student experience.

www.gre.ac.uk/careers/partnerships



#### APPRENTICESHIPS:

CACT have a proven track record of employing Sport Apprentices to work alongside their dedicated team of coaches and football development officers. Over the past 4 years CACT have employed 4 students from the CACT Post-16 programme. The apprentice role is perfect for any aspiring football coach or PE teacher, to continue their development journey after their Level 3 Sport extended diploma.

# ENTRA-CURRICULAR ACTIVITICS ACTIVITIES



### TOURS & TRIPS

Opportunities to take part in UK and international Football Tours. In 2024, 50 players had the opportunity to travel to Copa Catalunya, Spain.



### **WORK OPPORTUNTIES**

Offering support to complete the FA introduction to coaching (Level 1) along with work experience with the potential to become a casual football coach. Previous players have also had the opportunity to be ball boys/girls-for Charlton Athletic First Team matches.



### **VALLEY CUP**

Our end of season 11-a-side tournament which takes place . at The Valley, Charlton Athletic's stadium.











### CONTACT US:



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FOLLOW US:



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**Principal Partner** 







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