



Charlton Athletic Community Trust Primary Schools Provision



COMMUNITY TRUST
At The Heart Of The Community



**Compass Schools Sports Day
- May 2022 -**





Charlton Athletic Community Trust (CACT) is pleased to offer schools within Greenwich, Bexley, Bromley and Kent an opportunity to take up a school-specific Primary School Sport offer.

Aims of School Provision:

- Promote good health & wellbeing
- Inspire young people
- Provide opportunities
- Help develop children’s confidence and skills (social, technical and mental)
- Bring people together/community spirit

**School programme
(full day or half day)**

For holistic impact in your school, combine two or more deliveries.

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ADDITIONAL BENEFITS



OUR STAFF, MISSION & VALUES

All CACT school delivery staff:

- Are qualified sports coaches
- Have completed or working towards AFPE Level 3
- Are DBS checked
- Are first aid & safeguarding children qualified
- Receive access to courses to adapt and evolve existing skills
- Attend continuing professional development events with the FA, Premier League and EFL

Mission Statement

“ Based on the needs of the community, we will work in partnership to deliver high quality programmes with a lasting impact ”

CACT Values

Passion – Fuels our work

Respect - Two way and vital

Trust - Safe and sound

Equality - Open and fair

Engagement - Stronger together

Inclusion - This means you

“

We've got a lot more confident children and staff who are confident in their roles as a result (of working with CACT). Having that link with our local football team has helped us as a school and has made a huge impact on individuals that needed that in their life.

”

PE Lead, Alderwood Primary School



CHARLTON READING SQUAD

- **Developed in partnership with the National Literacy Trust**
- **A fun and engaging programme that builds self-confidence in reading and understanding**
- **Inspires pupils who are reluctant readers to read more and improve reading skills**
- **Combining CACT resources with classroom work**
- **Recorded impact on attainment and attitudes towards learning**
- **Supporting pupils to be reading ambassadors for their school**

“

I've improved my listening and I want to read more and I haven't been so shy about reading in front of other people and it's helped me with writing.

”

Alderwood Primary, Year 3 pupil

“

Before this group started, I was really shy and wouldn't talk much or in class but now I'm not so shy. I have been learning more words and I have written about four stories. I am very grateful to be in this group

”

Blenheim Primary, Year 5 pupil

62%

increase in pupils who enjoyed reading and understood what they read.



Sessions that inspire all pupils to succeed and excel to become physically confident; however, looking beyond the physical by building character, values and holistic development of pupils.

- Delivering progressive lessons linked to National Curriculum by Department for Education
- Engaging sessions that increase enjoyment, participation in sport and physical activity

PPA/Physical Education

Providing and tailoring CACT's long and medium-term PE plan or following schools' schemes of work currently in place.

- Range of activities on offer
- Link to pathways and sporting competitions
- Providing school staff time to plan, prepare and assess

“

It has given me a lot of new ideas in terms of lesson plans and it gave me new ideas about differentiation. How to challenge the more able and support those that are not so confident in PE. The website was really good for planning so lots of PE ideas and as well as the course gave me good ideas to take forward within my PE lesson.

”

Sherwood Park, Year 3 class teacher



100%

All teachers surveyed showed an improvement in relation to confidence levels in teaching PE. This improves the quality and standard of sessions for young people in the long-term.

84% of young people now like PE, a **15%** increase.

“

I have been improving my sports skills. I am better at dribbling and passing. I also like getting stickers for helping and working as a team. We also got to go to Charlton matches.

”

Hillsgrove Primary, Year 4 pupil

Young people who ‘like playing sports a lot’ has increased from

43.14%
to **64.95%**

“

CACT have raised the fun and educational element of our PE and really impacted positively on the children during our lessons. Staff have learnt new skills and this really helps to engage the children during these fun and exciting PE lessons.

”

PE Lead, Alderwood Primary School



FLOYD'S LIFE SKILLS

- Targeting children to develop emotional literacy and resilience
- Small group sessions planned around school timetable
- Social Action Project with group - pupils tackling key social issues
- Keys for Key stage 3 - Year 6 transitioning to Secondary School support
- Support with pupils with low attendance and behaviour management
- CACT can deliver workshops to small groups or classes around respect, resilience, health and leadership

49%

of young people that initially felt they were good at problem solving to 66% that now think they are good at solving problems.

63.73% to 84.53%

for pupils who now feel proud of themselves. A large proportion of young people (almost 35%) were initially unsure or did not feel proud.

“

He talks about it all the time. It has been good for him. He was so determined, he worked on [the social action project] for weeks. It really did capture his imagination. He likes sports which is why I think he's enjoyed (the programme)

”

Parent, Year 6 pupil



HARVEY'S MENTORING

CACT can provide a coach to support children in small groups or 1-to-1 with the following:

- **Improve behaviour**
- **Raise self-esteem**
- **Create a sense of belonging**
- **Provide support in class**
- **Set goals for sense of achievement**
- **Act as a positive role model**

“

We get to come out of class, it was a special occasion having fun and learning in a different way. At the start we did a few games, PSHE, reading activities, writing stories to earn good things and reading with the Year 1s.

”

Orchard Primary, Year 5 Pupil

40%

more young people like Maths now and 34% more like learning new things in Maths and English

Maths Support

- Group sizes: from 2-5 pupils.
- Support in the classroom (TA type role)
- 40% more young people like Maths now and 34% more like learning new things in Maths and English

SEND Support

- One-to-one or small group support for young people with special educational needs & disabilities
- Offering learning opportunities through mentoring
- Inclusive Summer Festival

“

Charlton have been really supportive of me in class. They have supported me in my lessons and they have taken a lot of my children out to do intervention work in the afternoons which was really helpful. The children really enjoyed it and got a lot out of it.

”

Year 4 Class Teacher



DELIVERY PARTNERS

CACT staff are able to deliver an EFL or Premier League-funded 6-week programme for FREE when you book a full or half day provision.

HELPS AVE LIVES ❤️



First Aid for Children

Teaching pupils basic First Aid skills - dialling 999, the D.R.A.B.C checklist, what to do if they bump their head and lots more. Each child will use their child friendly mannequin to practice CPR & choking back slaps. All pupils to receive first aid booklet, certificate and stickers.



Premier League Primary Stars

Developed by the Premier League, this aims to inspire children to learn, be active and develop important life skills. CACT offers this programme in collaboration with the Premier League, whose resources and support you will receive.



Joy of Moving Programme

A partnership with Ferrero and the EFL Trust to encourage children to take part in physical activity, build awareness of the importance of a healthy diet and adopt an active lifestyle.



EXTRA-CURRICULAR CLUBS

A range of fun and active breakfast, lunch and after school clubs available for all year groups – KS1 & KS2 only included in a full or half day provision.

- Football, Multi Skills (games club), Basketball, Hockey, Tag Rugby, Athletics, Cricket & Rounders
- School Team Training
- Girls Only Clubs Available

Key aspects

- It is not football specific and allows a fun environment to learn different games.
- Pupils of different abilities to join in to have fun and keep healthy
- Clubs for pupils with poor behaviour to incentivise them to learn key skills (support behaviour management around lunchtime)
- Gives pupils a sense of belonging

“

The coach helped me a lot to improve.

”

Hillsgrove Primary, Year 2 Pupil

“

I improved my running and catching.

”

Hawksmoor Primary, Year 3 Pupil



TEACHER PE SUPPORT

CACT offers bespoke PE CPD support. Over a 6-week period teachers will work with a CACT coach to improve the standard of PE delivery within their school. Teachers will also be invited to a seminar which will be delivered by our resource partner Complete PE in partnership with CACT.

- 6 week support (includes Team teaching, discussions, short and medium term planning)
- Free seminar
- Assessment & Feedback
- Improving teachers confidence
- Opportunity for discounted PE resources for the school
- Invitation to join CACT PE Working Group





SCHOOL COMPETITIONS

School Football Competitions for boys, girls and different age groups.

Primary School Tournaments

- Autumn CACT Schools Cup (Sept-Nov)
- Winter CACT Cups (Dec-Feb)
- Spring CACT Cups (March-May)
- Summer CACT Cups (June/July)

Primary School Tournaments (Age Groups):

- KS1 (Year 1 & 2)
- KS2 (Year 3 & 4)
- KS2 (Year 5 & 6)
- KS2 Girls (Year 5 & 6)

Secondary School (One per year)

- Girls (Year 7 & 8)
- Girls (Year 9/10/11)
- Boys (Year 7 & 8)
- Boys (Year 9/10/11)





- **Player / Mascot Visits**
- **Charlton Athletic match tickets**
- **Stadium Tour of The Valley**
- **School/Class Assemblies and/or Education Workshops**
- **Sports Days / Festivals**
- **Links to pathways/extended opportunities – CACT Advanced Centre**
- **Monitoring, Evaluation & Impact – Able to measure progress and present results through questionnaires, focus groups, case studies and observation**
- **Competitions - Poetry, Story Writing**





Author Ben Lyttleton visits Alderwood Primary
- December 2021 -



Contacts

ABOUT CACT

Charlton Athletic Community Trust (CACT) is a non-profit organisation that operates in South East London and areas of Kent delivering a variety of projects and activities that aim to bring about social change, empower local communities and address issues around health, crime, education and employment.

www.cact.org.uk



Charlton Athletic
Community Trust



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